

## **THE CHANGING FACE OF GMT**

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**DAM NECK, Va.** – Passing out of General Military Requirements (GMT) is now just a few clicks away. Through an online or CD-ROM based pre-assessment test, Sailors can now receive credit for what they already know.

The Center for Personal Development, working with Navy Knowledge Online and Navy eLearning, developed this program to improve training accountability and to evaluate for the first time how well Sailors comprehend GMT materials. While still at the discretion of commands, this new program is estimated to save the Navy thousands of man-hours.

The Navy requires specific GMT topics to be taught every year to all Sailors in the areas of personal health and wellness, safety, and personal and professional development.

Currently pre-assessment tests for the nine required annual topics are available on the Navy eLearning website. By passing these pre-tests with an 80 percent or better, Sailors can print a completion certificate and turn it in to their training officer, exempting them from formal command training.

“This revolutionizes the way training is conducted and the potential benefits are extraordinary,” said Center for Personal Development Commander Officer Capt. William Marlowe. “Sailors can finally receive credit for knowledge they already possess and reduce the time they would spend in training.”

These courses also include a post test, which will help course designers assess the training's effectiveness.

Through NKO, users can find the assessment tests on the eLearning website. Once there, select ‘catalog’ to find the General Military Training category. Users then can click on

'FY04 GMT Required Topics' to add it to their learning plan and select 'Launch' to begin taking the tests.

To learn more about the GMT topics online, visit the Center for Personnel Development's page on NKO at [www.nko.navy.mil](http://www.nko.navy.mil).